

Authentic Power by Gary Bate

The only power most people have is in how they try (and often succeed) in manipulating and controlling others. It can be as simply and as subtle as trying to make someone feel guilty. There are many examples of what is inauthentic power.

Real power comes from intentionally creating your own reality, because when you prove to yourself that you can do so, what or who can possibly limit your expression here?

We use less than a third of our brains because we don't know how to intentionally create reality and we are not actively practising it every day. So how do we do it?

Obviously we must first decide what it is that we want to create in our lives. We then have to 'ask for it', which means we ask God (the universe, the quantum field). Now here's the tricky bit – God exists in 'no time' and thus God does not communicate like we do, which occurs 'in time' (motion). God is SILENT and that's why we say 'be still (quiet) and know God'.

There's the clue. We associate what we want with images and then we just focus on those images. Of course, we can focus on several images (pictures, things) that we have made associations with.

It's important that we don't cancel these 'new waves' of energy with old past ones and that our thinking lines up with what we want to manifest. For instance, if we think we're unworthy then we're never going to manifest fabulous wealth!

I have always been this and that – is always true because we're addressing the divine in us and not our sensual bodies. This is how we reprogramme and intentionally create in our realities. For instance, I have just purchased a blue & gold TT baseball cap with the TT embroidered on it, to remind me to focus on the TT, thereby giving it to my God. TerraTrada is a business idea I have. A key is the symbol I use to unlock the back door to my subconscious mind (the mind of God) so that I can make it conscious. I hope this is making sense to you?

The observer in us already knows everything because everyone's experiences and wisdom pours into the mind of God, which is housed within everyone's brain (our own subconscious mind). We ask by giving images to God, which we have already made associations with for what we desire...

When using this method we have to be very careful about creating what we truly desire, otherwise we end up getting what we don't want!

To experience this is supposed to be akin to experiencing the joy of bliss and that in turn is supposed to be supreme to the orgasm of the sensual body. Of course, if one never experiences this, then gratifying the sensual body remains supreme. So this is a personal choice...

In my own life, I am now practising the art of pure observation (observing without judgment, without prejudice, without expectations; indeed, observing without any polarity). I am doing this because I have come to understand that taking such a lofty stance neutralises all emotions and causes consciousness to rise in those who partake.

If this interests you, there is more detail in the AWAKENED book by Ramtha.

~ Gary Bate

<https://www.whatstress.com/>